

śrīḥ

*śrīmate nigamāntamahādeśikāya namaḥ
śrīmān veikaṭanāthāryaḥ kavītārkikakesarī
vedāntācāryavaryo me sannidhattāṃ sadā hr̥di ॥*

A step-by-step guide to

॥ *laghu bhagavadārādhanakramaḥ* ॥

This document has been prepared by*

Sunder Kidambi

with the blessings of

śrī raṅgarāmānujamahādeśikan

His Holiness śrīmad āṇḍavan of śrīraṅgam

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FOREWORD

Sriman Sunder Kidambi, *tiruvaḍi* of *śrīmad tirukkuḍandai aṇḍavan*, is very well known to the *āstika* community in many continents. Over the past few years, Sriman Sunder Kidambi has been serving the global *āstika* community tirelessly through his *kaiṅkaryams* to create, populate and grow his extraordinary website *www.prapatti.com*. This website has under a single roof (1) one of the largest collection of texts of *stotras* in multiple languages, (2) audio MP3 recordings of many of the above *stotras* and (3) photo galleries of 108 *divya desams* and vintage photo images of *śrīmad āṇḍavans* and *ahobila maṭham* Jeeyars. The time, energy, effort and dedication that Sriman Kidambi has brought to bear upon this task is phenomenal and his yeoman service has been recognized by *āstikas* thirsting for such information around the globe. All of us owe a deep sense of gratitude to Sriman Sunder Kidambi for his selfless *bhagavat-bhā-gavata kaiṅkaryams*.

Most recently, Sriman Kidambi has put together an easy-to-practise *laghu āradhana kramam* for the benefit of *āstikās* who wish to learn *bhagavad āradhanam*. It is a pleasure for me to have the privilege of writing a foreword for this most recent release of Sriman Kidambi in his *www.prapatti.com* website. Why is this effort so important?

Today, *śakti-sampradāyam-sadācāram* and *pramāṇa jñānam* are diminishing. Many *vaiṣṇavās* are living and working far away from their traditional homes. They are cut off from their moorings. Traditional routes of learning about our ancient *sampradāyam* at the sacred feet of *sadācāryās* are not available to them. There is a need for addressing these information needs of *āstikās* both at home and abroad. Welcome efforts by knowledgeable *vaiṣṇavās* fill the information gap on important *vaidika karmās* like *bhagavad āradhanam* that are to be performed every day. These efforts are to supplement the primary efforts of *sadācāryāns* and not to replace them.

There are two kinds of *bhagavad āradhanams*: (1) *ātmārtham* (2) *parārtham*. The *ātmārtha āradhanam* is done at home to please the Lord by those who have been blessed with *pañca saṃskārams*. The *parārtha āradhanam* is done at the temples and *maṭhams* for the well being of the world (*loka kṣemam*). Those who belong to *brahmacarya*, *grahastha*, *vānaprastha* and *sannyāsa āśramams* are required to perform *bhagavadārādhnam* after being blessed with *pañca saṃskāram*. They perform *āradhanam* with *veda mantram*s.

Ladies are eligible for performing *viṣṇu pūjā* in the *tāntric* manner. Such is the importance of *bhagavad ārāadhanam* “*tasmāt anādi-madhyāntam nityam ārādhayet hariṁ*” instructs Sage *vyāsa* (Therefore we should perform *ārāadhanam* for *hari* always). *parāśara samhita* states that one should not even eat in the villages or homes where *viṣṇu ārāadhanam* is not performed and one should not live in such places even for a day (*na kuryāt anna-pānādi na tatra divasam vaset*).

Such is the importance of *bhagavad ārāadhanam*. *vigraha ārāadhanam* is the most lofty among *ārāadhanams*. There are however a lot of difficulties faced by some in executing it. Hence the easier *sālagrāma ārdhanam* is recommended by our *sadācāryās*. When the *sālagrāma mūrtis* of the Lord is present in one’s home with *dvāraka śilā*, one has tremendous sanctity in the house. After the *ārāadhanam* is done, *perumāḷ*’s *śrīpāda tīrtham* and *tulasī* is received before partaking the *naivedyam* presented to the Lord during the worship.

In view of the significance of both these kinds of *ārāadhanams*, *vaiṣṇavite ācāryās* have written authoritative *granthams* on *nitya ārādhana kramams*: Ramanuja’s *nitya grantham*, Vangipuram Nambi’s *kārikai, smṛti ratnākaram*, and *mumukṣu darpaṇam*, Swamy Desikan’s *pāñcarātra rakṣa*, Tirukkudandai Desikan’s *āhnika grantham*, Srimad Injimeḍu Azhagiya Singar’s *sadācāra nirṇayam* are some of those *śrī sūktis* focusing on the important *nitya karmās* like *bhagavad ārāadhanam*.

Many *vaiṣṇavās* long to do perform *bhagavad ārāadhanam*; they however do not have the opportunity to learn it readily from elders or from their *ācāryās*. Many of such aspirants live overseas and are finding it difficult to learn the correct procedures (*kramams*) for performing *bhagavad ārāadhanam*. Further, the performance of the traditional *ghana ārāadhanam* with its intricate *kramams* like *bhūta śuddhi*, *bhagavad* and *devi āvāhanams*, recitation of *mantra puṣpam* with *veda mantram*s with the correct *svarams*, *periyā śāṭṭrumurai* is not easy for many *vaiṣṇavās*. Two online resources for performing the *ghana ārāadhanam* are available at www.ramanujamission.org/2000/resources/shtml and www.srivaishnavam.com/aradhana.htm

In view of the elaborate nature of the *ghana ārāadhanam* and the difficulties in performing them every day in the required manner, our compassionate *ācāryās* have devised a lighter *kramam* known as *laghu ārādhana kramam*. This can be done in the morning by one rushing

to work in the modern day world. Srīman Sunder Kidāmbi has assembled this *laghu ārādhana kramam* for the benefit of *āstikās* who wish to learn to perform *ārāadhanam* for the Lord. Srī Kidāmbi's presentation of *laghu ārāadhanam* is easy to follow with helpful pictures on the placement of the vessels used in worship as well as the different *mudrās* used at the different stages of the *ārāadhanam*. The Sanskrit text for the *veda mantram*s with the appropriate *svaram*s for recital and the clear English text on instructions are very useful to the *āstikās* at every level of awareness of the *kramam*. Separate appendix on the *taniyans* for the *ācāryās*, *mudrās* and the often used *kramams* are a valuable adjunct to learn the *laghu ārādhana kramam*. There are in all thirty five steps that Srī Sunder Kidāmbi has focussed on to capture the essence of *laghu ārāadhanam*. With few practise runs, one can become familiar with the performance of *nityārāadhanam* for the *divya dampatis* and receive their *anugrahams*.

Our hearty congratulations to Srī Sunder Kidāmbi for a significant contribution to the world of *āstikās* and our prayers are to the *divya dampatis* and *ācāryās* to grow his *kaiṅkarya śrī* further and further.

nārāyaṇa, nārāyaṇa, nārāyaṇa

*dāsan
oppiliappan koil varadācāri saḍagopan*

śrīḥ
śrīmate rāmānujāya namaḥ
śrīmate nigamāntamahādeśikāya namaḥ
॥ laghu bhagavadārādhanakramah ॥

1. After performing *mādhyāhnika sandhyāvandanam*, two *ācamanam* and two *prā-ṇāyāmam*, recite

om caṇḍādidvārapālebhyo namaḥ
om pracaṇḍādidvārapālebhyo namaḥ ॥

thus seeking the permission of the gate-keepers of *vaikuṇṭham*.

2. Prostrate in front of the Sanctum and recite

kūrmādīn divyalokaṃ tadanu maṇi-
mayam maṇṭapam tatra śeṣam
tasmīn dharmādipīṭham tadupari
kamalam cāmaragrāhiṇīśca |
viṣṇuṃ devīrvibhūṣāyudha-
gaṇamuragam pādūke vainateyam
seneśam dvārapālān kumudamukha-
gaṇān viṣṇubhaktān prapadye ॥

3. Sit on an *āsanam* or a platform facing north with the Sanctum on your left. Ring the bell with your left hand, clap three times and recite

yam vāyave namaḥ | vīryāya astrāya phaṭ |

thus opening the doors of the sanctum sanctorum. Please note that the bell has first to be accepted with respect with your right hand and then transferred to your left hand before

ringing it. After ringing the bell it has to be transferred to your right hand before placing it in the assigned place.

4. Recite the *suprabhātam*

*kausalyā suprajā rāma pūrvā sandhyā pravartate |
uttiṣṭha naraśārdūla kartavyaṃ daivamāhnikam ||*

*vīra saumya vibudhyasva kausalyānandavardhana |
jagaddhi sarvaṃ svapiti tvayi supte narādipa ||*

5. Now recite the *nyāsadaśakam* of *śrī nigamānta mahādeśikan*

*ahaṃ madrakṣaṇa bharo madrakṣaṇa phalaṃ tathā |
na mama śrīpaterevetyātmānaṃ nikṣipet budhaḥ || 1 ||*

*nyasyāmyakiñcanaḥ śrīman anukūlo'nyavarjitaḥ |
viśvāsa prārthanā pūrvaṃ ātmarakṣā bharaṃ tvayi || 2 ||*

*svāmī svaśeṣaṃ svavaśaṃ
svabharatvena nirbharam |
svadatta svadhiyā svārthaṃ
svasmin nyasyati māṃ svayam || 3 ||*

*śrīmannabhīṣṭa varada tvāmasmi śaraṇaṃ gataḥ |
etaddehāvasāne māṃ tvatpādaṃ prāpaya svayam || 4 ||*

*tvaccheṣatve sthiradhiyaṃ tvatprāptyeka prayojanam |
niṣiddha kāmya rahitaṃ kuru māṃ nitya kiṅkaram || 5 ||*

*devī bhūṣaṇa hetyādi juṣṭasya bhagavaṃstava |
nityaṃ niraparādheṣu kaiṅkaryeṣu niyuṅkṣva mām || 6 ||*

māṃ madīyaṃ ca nikhilam cetanācetanātmakam |
svakaiṅkaryopakaraṇam varada svīkuru svayam || 7 ||

tvadeka rakṣyasya mama tvameva karuṇākara |
na pravartaya pāpāni pravṛttāni nivartaya || 8 ||

akṛtyānām ca karaṇam kṛtyānām varjanam ca me |
kṣamasva nikhilam deva praṇatārtihara prabho || 9 ||

śrīmān niyata pañcāṅgam madrakṣaṇa bharārpaṇam |
acīkarat svayaṃ svasmin ato'hamiha nirbharaḥ || 10 ||

saṃsārāvarta vega praśamanaśubhadṛg-
deśika prekṣito'haṃ
saṃtyakto'nyairupāyairanucita cariteṣ-
vadya śāntābhisandhiḥ |
niḥśaṅkastatvadrṣṭyā niravadhikadayam
prārthya saṃrakṣakam tvām
nyasya tvatpādapadme varada nijabharam
nirbharo nirbhayo'smi || 11 ||

In case of lack of time to recite *nyāsadaśakam*, the following verse can be recited

nin arulām gatiyanri marronrillēn
neḍuṅkālam pizai śeyda nilai kazindēn
unnarulukkinidāna nilai ugandēn
un śaraṇē śaraṇennum tuṇivu pūṇḍēn
mannirulāy ninra nilai enakku ttīrttu
vānavar tam vāzccitara varittēn unnai
innarulāl ini enakkōr paramērrāmal
en tirumāl aḍaikkalam koḷ ennai nīyē

6. Prayers are offered to our *guruparamparā* by reciting either

asmad deśikamasmadīya
paramācāryān aśeṣān gurūn |
śrīmallakṣmaṇa yogipuṅgava
mahāpūrṇau munim yāmunam |
rāmam padmavilocanam munivaram
nātham śathadveṣiṇam |
seneśam śriyamindirāsahacaram
nārāyaṇam saṁśraye ||

or

*ennuyir tandalittavarai ccaranam pukku **
*yān aḍaivē avargurukkal nirai vaṇaṅgi **
*ppinnaruḷāl perumbūdūr vanda vallal **
*periyānambi ālavandār maṇakkāl nambi **
*nanneriyai avarkkuraitta uyyakkoṇḍār **
*nādamuni śaḍagōpan sēnai nādan **
*innamuda ttirumagal enṛivarai munnittu **
emperumān tiruvaḍigal aḍaiginṛēnē

7. Recite the taniyam of your *ācarya*. Taniyans of some *ācaryas* are given in the appendix.

8. Perform three *prāṇāyāmam*. This consists of reciting the *aṣṭākṣara mantram*, i.e.,
om namo nārāyaṇāya 28 times for each *prāṇāyāmam*.

9. Now place the left hand (palm facing upward) over the right thigh, cover it with the right palm and recite the *saṅkalpam*

śrī bhagavadājñāyā śrīmannārāyaṇa prītyarthaṁ ijjākhyam
bhagavadārādhanam kariṣye |

This is followed by the *sāttvika tyāgam*

*bhagavāneva svaniyāmya svarūpasthiti pravṛttisvaśeṣataika-
rasena anena ātmanā kartrā svakīyaīścopakaraṇaiḥ svārādha-
naikaprayojanāya paramapuruṣaḥ sarvaśeṣī śriyaḥ patih̥ svaśe-
ṣabhūtaṃ idaṃ iḥyārādhanākhyam̐ karma svasmai svaprītaye
svayameva kārayati ॥*

10. Next *mānasikārādhanam* is performed. This is done by reciting, with folded hands and contemplating on the services offered to the Lord,

*ārādhayāmi hṛdi keśavamātmagehe
māyāpure hṛdayapañkajasam̐niviṣṭam̐ |
śraddhānadīvimalacittajalābhīṣekaiḥ
nityam̐ samādhikusumaiḥ apunarbhavāya ॥*

*sauvarṇe sthālivarye maṇigāṇa-
khacite goghṛtāktān supakvān
bhakṣyān bhojyāṃśca lehyān parama-
matha haviścoṣyamannaṃ nidhāya |
nānāśākairupetaṃ sadadhimadhu-
ghṛtaṃ kṣīrapānīyayuktaṃ
tāmbūlaṃ cātmane'smai pratidivasa-
mahaṃ mānasaṃ kalpayāmi ॥*

11. After completing the *mānasikārādhanam*, *bāhyārādhanam* is performed. This is begun by reciting

*bhagavān puṇḍarikākṣa hṛdyāgaṃ tu mayā kṛtam̐ |
ātmasātkuru deveśa bāhyaistvāṃ samyagarcaeye ॥*

12. Next *pātraparikalpanam* is performed wherein the vessels are arranged in an order shown in the Figure 1.

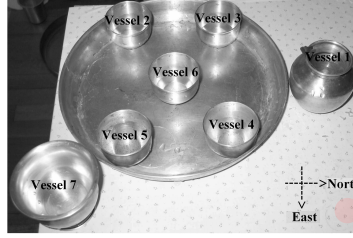


Figure 1: Arrangement of the vessels.

Sacred water is prepared by adding small quantities of *tulasī*, *elaicī* (cardamon), *karpūram* (food variety camphor) and *kesarī* (saffron) to the water in the *pūrṇakumbham* (vessel no. 1).

13. Perform *śoṣaṇam-dāhanam-plāvanam* to *pūrṇakumbham* (see appendix). Now take a spoonful of water from *pūrṇakumbham* (vessel no. 1) in your left hand and position it at the level of your nose, as shown in Figure 2. Cover the spoon with the fingers on your right hand and recite seven times

oṃ namo nārāyaṇāya

and pour this water back into the *pūrṇakumbham* (vessel no. 1).

14. Pour water from the *pūrṇakumbham* (vessel no. 1) into vessels 2 through 6 such that they are only quarter full.
15. Next show *surabhi mudrā* (see appendix) to vessels 2 through to 6 while reciting

oṃ suṃ surabhimudrāyai namaḥ |

16. Perform *astramantram* (see appendix) to 2 through 6, one by one, by reciting



Figure 2: Covering a spoonful of water from *pūrṇakumbham* and raising up to the level of the nose.

oṃ vīryāya astrāya phaṭṭ

17. Cover *arghya pātram* (vessel no. 2) with your right palm, as shown in Figure 3, and recite



Figure 3: Covering the vessel with your right palm.

oṃ namo nārāyaṇāya arghyaṃ parikalpayāmi

Cover *pādya pātram* (vessel no. 3) with your right palm and recite

oṃ namo nārāyaṇāya pādyaṃ parikalpayāmi

Cover *ācamanīya pātram* (vessel no. 4) with your right palm and recite

oṃ namo nārāyaṇāya ācamanīyaṃ parikalpayāmi

Cover *snānīya pātram* (vessel no. 5) with your right palm and recite

oṃ namo nārāyaṇāya snānīyaṃ parikalpayāmi

Cover *sarvārthatoya pātram* (vessel no. 6) with your right palm and recite

oṃ namo nārāyaṇāya sarvārthatoyam parikalpayāmi |

18. This next stage is the *mantrāsanam*. Recite

*ijyākālastṛtīyo'yamahnoṃśassamupāgataḥ |
saṃbhṛtāścaiva saṃbhārāḥ kalpitānyāsanāni ca ||*

*snānādyarthāni deveśa tavecchā vartate yadi |
avalokanadānena tatsarvam saphalam kuru ||*

*tadarmaṃ saha devībhyāṃ sānugaissacivaissaha |
madanugrahāya kṛpayā hyatrāgantumihārhasi ||*

*yāvadādyāsanam mantrāsanāntam pūjyase mayā |
tāvatsānnidhyamatraiva kuruṣva puruṣottama ||*

Offer some *puṣpam*, *tulasī* or *akṣata* and meditate on the Lord seated on the *mantrāsanam* and recite

*oṃ namo nārāyaṇāya mantrāsanāya namaḥ | mantrāsana-
malaṅkuruṣva |*

Offer *arghyaṃ-pādyam-ācamanīyam-plotavastram* (see appendix) to the Lord.

19. The next stage in the *bhagavadārādhanaṃ* is *snānāsanam*. Recite

*sphuṭīkṛtam mayā deva snānāsanamidam mahat |
āsādayāśu snānārtham madanugrahakāmyayā ||*

Offer some *puṣpam* or *akṣata* to the Lord and meditate upon His having accepted *snānāsanam* and recite

*oṃ namo nārāyaṇāya snānāsanāya namaḥ | snānāsanama-
laṅkuruṣva |*

Perform the *arghyaṃ-pādyam-ācamanīyam-plotavastraṃ* to the Lord. Perform *śoṣaṇam-dāhanam-plāvanam-surabhimudrā-astromantram* to the plate on which you wish to place the Lord. Place the Lord on that plate and offer the ritualistic bath with spoonfuls of water from the *snānīya pātram* (vessel no. 5) with your right hand while ringing the bell with your left and reciting the *puruṣa sūktam*

॥ hariḥ om ॥ sahasrā śīrṣā puruṣaḥ | sahasrākṣaḥ sahasrā-
pāt | sa bhūmīṃ viśvatō vṛtvā | atyātiṣṭhaddaśāṅgulam | puruṣa
evedaṃ sarvām | yadbhūtam yacca bhavyām | utāmṛtatvasye-
śānaḥ | yadannēnātirohāti | etāvānasya mahimā | ato jyāyāgśca
puruṣaḥ ॥ 1 ॥

pādō'sya viśvā bhūtāni | tripādāsyāmṛtam divi | tripādūrdhva
udaitpuruṣaḥ | pādō'syehābhāvātpunāḥ | tato viṣvaṅvyākramat |
sāśanānaśane abhi | tasmādvirāḍājāyata | virājo adhi puruṣaḥ |
sa jāto atyāricyata | paścādbhūmimatho puraḥ ॥ 2 ॥

yatpuruṣeṇa haviṣā | devā yajñamatānvata | vasanto āsyā-
sīdājyām | grīṣma idhmaśśaraddhaviḥ | saptāsyāsanparidhayāḥ |
trissapta samidhāḥ kṛtāḥ | devā yadyajñam tānvānāḥ | abādhnā-
npuruṣam paśum | tam yajñam barhiṣi praukṣaṅ | puruṣam jā-
tamāgrataḥ ॥ 3 ॥

tená devā ayájanta | sādhyā ṛṣāyaśca ye | tasmādyajñātsá-
rvahutáḥ | sambhṛtam ṛṣadājyam | paśūgstāgścákre vāyavyāñ |
āraṇyāngrāmyāśca ye | tasmādyajñātsárvahutáḥ | ṛcassāmāni
jajñire | chandāñsi jajñire tasmāt | yajustasmādajāyata || 4 ||

tasmādaśvā ajāyanta | ye ke cōbhayādātaḥ | gāvó ha jajñire
tasmāt | tasmājjātā ajāvayáḥ | yatpurúṣam vyádadhuh | katidhā
vyákalpayan | mukham kimasya kau bāhū | kāvūrū pādāvucyete |
brāhmaṇó'sya mukhāmāsīt | bāhū rájanyáḥ kṛtaḥ || 5 ||

ūrū tadāsyā yadvaiśyáḥ | padbhyāñ sūdro ajāyata | candramā
manāso jātaḥ | cakṣoṣsūryó ajāyata | mukhādindráścāgniścá |
prāṇādvāyurájāyata | nābhyā āsīdantaríkṣam | śīrṣṇo dyaussa-
māvartata | padbhyām bhūmirdiśaśśrotrāt | tathā lokāñ ákalpa-
yan || 6 ||

vedāhametaṁ purúṣam mahāntām | ādityavárṇam tamāsa-
stu pāre | sarvāñi rūpāñi vicitrya dhīrāḥ | nāmāni kṛtvā'bhiva-
dan yadāstē | dhātā purastādyamúdājahārā | śakraḥ pravīdvān
pradiśaścatāsraḥ | tamevaṁ vidvānamṛtā iha bhāvati | nānyāḥ
panthā ayānāya vidyate | yajñenā yajñamāyajanta devāḥ | tāni
dharmāñi prathamānyāsan | te ha nākāṁ mahimānāssacante |
yatra pūrvé sādhyāssanti devāḥ || 7 ||

adbhyassambhūtaḥ pṛthivyai rasācca | viśvakārmanāssamā-
vartatādhi | tasya tvaṣṭā vidadhadrūpamēti | tatpurūṣasya vi-
śvamājānamagre | vedāhametaṃ purūṣaṃ mahāntām | āditya-
vārṇaṃ tamāsaḥ parāstāt | tamevaṃ vidvānamṛtā iha bhāvati |
nānyaḥ panthā vidyate'yānāya | prajāpātiścarati garbhē antaḥ |
ajāyāmāno bahudhā vijāyate || 8 ||

tasya dhīrāḥ parijānanti yonim | marīcīnāṃ padamīcchanti
vedhasaḥ | yo devebhya ātāpati | yo devānāṃ purohitaḥ | pūrvo
yo devebhyo jātaḥ | namo rucāya brāhmāye | rucāṃ brāhmaṃ
janayāntaḥ | devā agre tadābruvan | yastvaivaṃ brāhmaṇo vi-
dyāt | tasyā devā asanvaśē || 9 ||

hrīścā te lakṣmīśca patnyāu | ahoṛātre pārśve | nakṣātrāṇi
rūpam | aśvinau vyāttām | iṣṭaṃ māniṣāṇa | amuṃ māniṣāṇa |
sarvāṃ māniṣāṇa || 10 ||

In case of lack of time to recite *puruṣasūktam*, each of the following two verses may be recited twice.

veṇṇey alāinda kuṇuṅgum * vilaiyāḍu puzudiyum koṇḍu *
tiṇṇena ivvirā unnai * ttēyttu kkiḍakka nānoṭṭēn *
eṇṇey ppulippazam koṇḍu * iṅgettanai pōdum irundēn *
naṇṇal ariya pirānē * nāraṇā nīrāḍa vārāy

*kārmali mēni nirattu * kkaṇṇa pirānai ugandu *
vārmali koṅgai yaśōdai * mañjanam āṭṭiya ārrai *
pār mali tol puduvai kkōn * paṭṭar pirān śonna pāḍal *
śīr mali śen tamiz vallār * tīvinai yādum ilarē*

20. This is followed by wiping the Lord with the *plotavastram* by reciting

oṃ namo nārāyaṇāya plotavastram samarpayāmi |

Pour the water collected from the bath and from the other four vessels into the *pratigraha pātram* (vessel no. 7).

21. Pour water from the *pūrṇakumbham* (vessel no. 1) into vessels 2 through 6 such that they are only quarter full.

22. Cover *arghya pātram* (vessel no. 2) with your right palm and recite

oṃ namo nārāyaṇāya arghyam parikalpayāmi |

Cover *pādya pātram* (vessel no. 3) with your right palm and recite

oṃ namo nārāyaṇāya pādyaṃ parikalpayāmi |

Cover *ācamanīya pātram* (vessel no. 4) with your right palm and recite

oṃ namo nārāyaṇāya ācamanīyam parikalpayāmi |

Cover *pānīya pātram* (vessel no. 5) with your right palm and recite

oṃ namo nārāyaṇāya pānīyam parikalpayāmi |

Cover *sarvārthatoya pātram* (vessel no. 6) with your right palm and recite

oṃ namo nārāyaṇāya sarvārthatoyam parikalpayāmi |

23. The next stage in *bhagavadārādhanam* is the *alañkārāsanam*. Recite

deva deva jagannātha bhūṣāsrakandanādikam |
alañkārāsanam bhadramadhitiṣṭha tṛtīyakam ||

Offer some *puṣpam*, *tulasī* or *akṣata* and request the Lord to accept *alañkārāsanam* by reciting

om namo nārāyaṇāya alañkārāsanāya namaḥ | alañkārāsa-
nam alaṅkuruṣva |

Now offer *arghyam-pādyam-ācamanīyam-plotavastram* to the Lord. Perform *śo-*
ṣaṇam-dāhanam-plāvanam-surabhimudrā-astromantram to *gandham* (san-
dalwood paste). Recite

gandhadvārāṃ dūrādharsāṃ nityapūṣṭāṃ karīṣiṇīm |
īśvarīṃ sarvabhūtānāṃ tāmihopāhvaye śriyam ||

Apply the paste to the Lord by reciting

om namo nārāyaṇāya divya gandhān samarpayāmi |

24. Perform *śoṣaṇam-dāhanam-plāvanam-surabhimudrā-astromantram* to *dhū-*
paṃ (incense stick). Now ring the bell and move the *dhūpaṃ* in a clockwise circular
fashion around the Lord and recite

dhūrāsi dhūrva dhūrvāntaṃ dhūrvataṃ yō'smān dhūrvāti
taṃ dhūrvayaṃ vayaṃ dhūrvāmastvaṃ devānāmasi ||

Now, offer the *dhūpaṃ* to the Lord by reciting

om namo nārāyaṇāya divya dhūpaṃ āghrāpayāmi |

25. Perform *śoṣaṇam-dāhanam-plāvanam-surabhimudrā-astromantram* to *dīpaṃ* (lamp). Now ring the bell and move the *dīpaṃ* in a circular fashion and recite

*uddīpyasva jātavedo'pagnannirṛtiṃ mamá |
paśuṃścamahyamāvāha jīvānañca diśó daśa ||*

Now, offer the *dīpaṃ* to the Lord by reciting

oṃ namo nārāyaṇāya divya dīpaṃ darśayāmi |

26. The next stage in the *bhagavadārādhanam* is the *mantrapuṣpaṃ*. While offering some *tulasī* or *akṣata* recite

*hariḥ oṃ | agnimīle purohitaṃ yajñasyá devamṛtvijām | ho-
tāram ratnadhātāmam || hariḥ oṃ ||*

*hariḥ oṃ | iṣe tvorje tvá vāyavásthō pāyavásthā devo vássa-
vitā prārpáyatu śreṣṭhātāmāya karmāṇe || hariḥ oṃ ||*

*hariḥ oṃ | agna āyāhi vītayé gṛṇāno havvadātaye | nihotá
sathsi barhiṣi || hariḥ oṃ ||*

*hariḥ oṃ | śannó devīrabhiṣṭāya āpó bhavantu pītayé | śa-
myorabhisrāvantu naḥ | hariḥ oṃ ||*

*hariḥ oṃ | omityāgre vyāharet | nama iti paścāt | nārāyaṇā-
yetyúpariṣṭāt | omityekākṣaram | nama iti dve akṣare | nārā-
yaṇāyeti pañcākṣarāṇi | etadvai nārāyaṇasyāṭākṣāram padam |*

yo ha vai nārāyaṇasyāṭākṣaram padāmadhyeti | anupabruva-
ssarvamāyureti | vindate prājāpatyaṁ rāyaspoṣāṁ gaupatyam |
tato'mṛtatvamaśnute tato'mṛtatvamaśnūta iti | ya évaṁ veda |
ityūpaniṣāt ||

icchāmo hi mahābāhuṁ raghuvīraṁ mahābalaṁ |
gajena mahatā'yāntaṁ rāmaṁ chatravṛtānanam ||

taṁ dṛṣṭvā śatruhantāraṁ maharṣiṇāṁ sukhāvaham |
babhūva hr̥ṣṭā vaidehī bhartāraṁ pariṣasvaje ||

tāsāmāvirabhūcchauriḥ smayamānamukhāmbujaḥ |
pītāambaradharaḥ sragvī sākṣānmanmathamanmathaḥ ||

vaikuṅṭhetu pareloke śriyā sārđham jagatpatiḥ |
āste viṣṇuraciṁtyātmā bhaktairbhāgavataissaha ||

eṣa nārāyaṇa śrīmān kṣīrārṇavaniketanaḥ |
nāga paryāṅkamutsṛjya hyāgato madhurāṁ purīm ||

śenrāl kuḍaiyām * irundāl śiṅgāśanamām *
ninrāl maravaḍiyām nīl kaḍalul * enrum
puṇaiyām maṇi vilakkām * pūm paṭṭām pulgum
aṇaiyām * tirumārkaravu

kadā punaḥ śaṅkharathāṅgakalpaka-
dhvajāravindāṅkuśavajralāñchanam |
trivikrama tvaccaraṇāmbujadvayaṁ
madīyamūrdhānamalaṅkarīṣyati ||

27. Now *arcanā* is performed with either *tulasī* or *puṣpaṃ* while chanting the following for
nārāyaṇā

oṃ vāsudevāya namaḥ

oṃ pradyumnāya namaḥ

oṃ keśavāya namaḥ

oṃ mādhavāya namaḥ

oṃ viṣṇave namaḥ

oṃ trivikramāya namaḥ

oṃ śrīdharāya namaḥ

oṃ padmanābhāya namaḥ

oṃ matsyāya namaḥ

oṃ varāhāya namaḥ

oṃ vāmanāya namaḥ

oṃ daśaratharāmāya namaḥ

oṃ kṛṣṇāya namaḥ

oṃ saṃkarṣaṇāya namaḥ

oṃ aniruddhāya namaḥ

oṃ nārāyaṇāya namaḥ

oṃ govindāya namaḥ

oṃ madhusūdanāya namaḥ

oṃ vāmanāya namaḥ

oṃ hr̥ṣīkeśāya namaḥ

oṃ dāmodarāya namaḥ

oṃ kūrṃāya namaḥ

oṃ narasiṃhāya namaḥ

oṃ bhārgavarāmāya namaḥ

oṃ balarāmāya namaḥ

oṃ kalkine namaḥ

and for *mahālakṣmī*

śriyai namaḥ

kamalāyai namaḥ

viṣṇupatnyai namaḥ

varārohāyai namaḥ

śārṅgiṇyai namaḥ

surasundaryai namaḥ

amṛtodbhavāyai namaḥ

candrasodaryai namaḥ

vaiṣṇavyai namaḥ

harivallabhāyai namaḥ

devadevikāyai namaḥ

mahālakṣmyai namaḥ

śrībhūnīlādevī sameta śrīmate nārāyaṇāya namaḥ

28. The next stage in *bhagavadārādhanam* is *bhojyāsanam*. Offer your prayer to accept this *āsanam* by reciting

*mṛṣṭamedhya sthirānnāni bhakṣyabhojyānyanekaśaḥ |
sampannāni jagannātha bhojyāsanamupāśraya ||*

Offer *puṣpaṃ* or *akṣata* to present *bhojyāsanam* by reciting

*oṃ namo nārāyaṇāya bhojyāsanāya namaḥ | bhojyāsanama-
laṅkuruṣva ||*

Now offer *arghyaṃ-pādyam-ācamanīyam-plotavastram* (see appendix) to the Lord.

29. Place all the *bhojyavastu* (eatables) in the *pūjā* area and place a few *tulasī* petals on them. On items like cooked rice, cooked lentils and *pāyasaṃ* (sweet pudding), add a small quantity of clarified butter. Sprinkle a spoonful of water from *arghya pātram* (vessel no. 2) and perform *śoṣaṇam-dāhanam-plāvanam-surabhimudrā-astromantram* to *bhojyavastu*. Recite

*asatyamaśuciṃ nīcamaparādhaika bhājanam |
alpaśaktiṃ acaitanyam anarham tvatkriyāsvapi ||*

*māmanādr̥tya durbuddhiṃ svayaiva kṛpayā vibho |
atiprabhūtamatyanta bhaktisnehopapāditam ||*

*śuddham sarvaguṇopetaṃ sarvadoṣa vivarjitam |
svānurūpaṃ viśeṣeṇa svadevyoḥ sadṛśam guṇaiḥ ||*

*tvamevedaṃ haviḥ kṛtvā svīkuruṣva sureśvara |
pāyasānnaṃ guḍānnaṃ ca mudgānnaṃ śuddhamodanam ||*

Now offer three spoonfuls of water to the Lord from the *pānīya pātram* (vessel no. 5), each time reciting

oṃ namo nārāyaṇāya arhaṇāṃbu samarpayāmi

Ring the bell with your left hand. Configure *grāsamudrā* with your right hand, as shown in Figure 4.

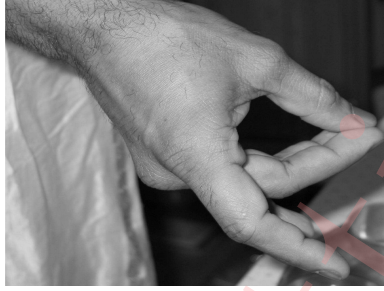


Figure 4: Configuring *grāsa mudrā* with your right hand.

This is done by holding the thumb, middle and ring fingers together and leaving the index and little fingers free. Now move the right hand with this configuration from the cooked rice to the Lord and recite

oṃ namo nārāyaṇāya annaṃ nivedayāmi

and undo the *grāsamudrā* configuration. Again configure the *grāsamudra* and move from each item you wish to offer the Lord and recite the appropriate offering mantra and undo the *grāsamudrā* configuration. For example,

oṃ namo nārāyaṇāya sūpavyañjanādikam nivedayāmi

oṃ namo nārāyaṇāya pāyasa bhakṣaṇāni nivedayāmi

While you offer the *bhojyavastu*, offer a spoonful of water from the *pānīya pātraṃ* (vessel no. 5) from time to time by reciting

oṃ namo nārāyaṇāya pānīyaṃ samarpayāmi

After offering all the *bhojyavastu*, recite

oṃ namo nārāyaṇāya amṛtāpidhānamasi |

Now offer a spoonful of water from *sarvārthatoya pātram* (vessel no. 6) and recite

oṃ namo nārāyaṇāya gaṇḍūṣam samarpayāmi |

Again offer a spoonful of water from *sarvārthatoya pātram* (vessel no. 6) while reciting

oṃ namo nārāyaṇāya mukhaprakṣālanam samarpayāmi |

Offer another spoonful of water from *sarvārthatoya pātram* (vessel no. 6) while reciting

oṃ namo nārāyaṇāya hastaprakṣālanam samarpayāmi |

Now offer *arghyam-pādyam-ācamanīyam-plotavastram* to the Lord.

30. The next stage in *bhagavadārādhanam* is *punarmantrāsanam*. Offer *tuḷasī* for presenting *punarmantrāsanam* and meditate that the Lord, along with His consorts, is seated on the *āsanam*.

mantrāsanamidam tubhyam mayā dattamanuttamam |
kūrcena śodhitam viṣṇo punarāsādaya prabho ||

Now offer *arghyam-pādyam-ācamanīyam-plotavastram* to the Lord. Perform the *śoṣanam-dāhanam-plāvanam-surabhimudrā-astromantram* to the *phalatāmbūlam* (plate of fruits, beetle nuts and leaves). Now offer the fruits to the Lord by reciting

oṃ namo nārāyaṇāya phalatāmbūlādīni samarpayāmi |

Offer three spoonfuls of water from *ācamanīyam pātram* (vessel no. 4) to the Lord, each time reciting

oṃ namo nārāyaṇāya ācamanīyam samarpayāmi |

Offer the *plotavastram* to the Lord by reciting

oṃ namo nārāyaṇāya plotavastram samarpayāmi |

31. Perform the *śoṣaṇaṃ-dāhanaṃ-plāvanaṃ-surabhimudrā-astromantraṃ* to the lamp lit by *karpūraṃ* (camphor) or cotton wig. Wave the camphor light in a clockwise circular fashion with your right hand while ringing the bell with your left and reciting

*tadviṣṇōḥ paramaṃ padaṃ sadā paśyanti sūrayāḥ | divīva
cakṣurātātam | tadviprāso vipaṇyavó jāgṛvāṃ sāsamīndhate |
viṣṇoryatpāramam padam ||*

*paryāptyā anāntarāyāya sarvāstomo'ti rātra útama mahā-
rbhavati | sarvasyāptyai sarvāsya jityai sarvāmeva tenāpnoti
sarvāṃ jayati ||*

Offer the *nīrājanaṃ* or *maṅgalārati* to the Lord by reciting

*oṃ namo nārāyaṇāya divya karpūra nīrājanaṃ
samarpayāmi |*

Offer three spoonful of water from *ācamanīyaṃ pātraṃ* (vessel no. 4) to the Lord, each time reciting

oṃ namo nārāyaṇāya ācamanīyaṃ samarpayāmi |

Offer a *plotavastraṃ* to the Lord by reciting

oṃ namo nārāyaṇāya plotavastraṃ samarpayāmi |

32. The next stage in the *bhagavadārādhanaṃ* is *śāttumurai*. Recite

*śīṛam śīrukālē vandunnai śēvittu * un
porāmarai aḍiyē pōrrum poruḷ kēlāy *
peram mēyttuṇṇum kulattil piṛandu * nī
kurrēval eṅgalai kkollāmal pōgādu *
īṛrai pparai kolvān anru kāṇ gōvindā **

erraiḥkum ēzēz piṛavikkum * unṛannō-
ḍurrōmēyāvōm unakkē nām āṭceyvōm *
marrai nam kāmaṅgaḷ māṛṛēlōr embāvāy
vaṅga kkaḍal kaḍainda māḍavanai kkēsavanai *
tiṅgaḷ tirumugattu śēyizaiyār śeṅṛiraiñji *
aṅga pparai koṇḍavāṛrai * aṅi puḍuvai
ppaiṅgamala ttaṅ teriyal paṭṭarbirān kōḍai śonna *
śaṅga ttamizmālai muppadum tappāmē *
iṅgippariśuraippār īriraṅḍu māl varai ttōḷ *
śeṅgaṅ tirumugattu ccelva ttirumālāl *
eṅgum tiruvaruḷ perrinburuvar embāvāy

pallāṅḍu pallāṅḍu pallāyirattāṅḍu *
pala kōḍi nūrāyiram *
mallāṅḍa tiṅtōḷ maṅivaṅṅā * un-
śēvaḍi śevvi tirukkāppu

aḍiyōmōḍum ninnōḍum piṛivinṛi āyiram pallāṅḍu *
vaḍivāy ninvala mārbinil vāzginṛa maṅgaiyum pallāṅḍu *
vaḍivār śōḍi valatturaiyum śuḍarāziyum pallāṅḍu *
paḍaipōr pukku muzaṅgum appāñjaśanniyamum pallāṅḍē

sarvadeśadaśākāleṣvavyāhataparākramā |
rāmānujāryadivyaññā vardhatāmabhivardhatām ||

rāmānujāryadivyaññā prativāsaramujjvalā |
digantavyāpinī bhūyātsā hi lokahitaiṣiṅī ||

śrīman śrīraṅgaśrīyamanupadravā-
manudinaṃ saṃvardhaya |
śrīman śrīraṅgaśrīyamanupadravā-
manudinaṃ saṃvardhaya ||

namo rāmānujāryāya vedāntārthapradrāyine |
ātreypadmanābhāryasutāya guṇaśāline ||

rāmānujadayāpātraṃ jñānavairāgyabhūṣaṇaṃ |
śrīmadveṅkaṭanāthāryaṃ vande vedāntadeśikaṃ ||

vāzi irāmanuja ppillān mādagavāl
vāzum* aṇinigamāntaguru - vāziyavan*
māran maṛaiyum irāmānujan bhāṣiyamum
tērum paḍiyuraikkum śīr

vañja pparaśamayam mārravandōn vāziyē*
mannupugaz ppūdūrān manamugappōn vāziyē*
kañja ttirumaṅgai ugakkavandōn vāziyē*
kaliyanurai kuḍikoṇḍa karuttuḍaiyōn vāziyē*
šeñjol tamizmaṛaigal telinduraippōn vāziyē*
tirumalaimāl tirumaṇiyāy ccirakkavandōn vāziyē*
tañja pparagatiyai ttandarulvōn vāziyē*
śendamiz ttūppul tiruvēṅgaḍavan vāziyē

nānilamun tānvāza nānmaṛaigal tāmuvāza*
mānagarin māran maṛaivāza* - ñāniyargal
śenniyaṇi śēr tūppul vēdānta dēśikanē
innumoru nūrrāṇḍirum

vāziyaṇi tūppul varu nigamāntāsiriyaṇ *
vāziyavan pādāravindamalar * - vāziyavan
kōdilā ttāṇmalarai kkoṇḍādi kkoṇḍirukkum
tīdilā nallōr tiral

33. Next stage in the *bhagavadārādhanaḥ* is *paryāṅkāsaṇam*.

deva svāmin jagannātha śriyā bhūmyā ca nīlayā |
jagadrakṣaṇajāgaryāṇ yoganidrāmupākuru ||

Offer some *tulasī* or *puṣpaṇ* to present the *paryāṅkāsaṇam* and meditate that the Lord and His consorts have graced the *āsaṇam* and recite

oṃ namo nārāyaṇāya paryāṅkāsaṇāya namaḥ | paryāṅkāsa-
namalaṅkuruṣva |

Now offer *arghyaṇ-pādyāṇ-ācamanīyaṇ-plotavastraṇ* to the Lord.

34. Next recite

ajñānādathavā jñānādaśubhaṇ yanmayā kṛtam |
kṣantumarhasi tatsarvaṇ dāsyena ca grhāṇa mām ||

jñānato'jñānato vāpi vihitaṇ yanmayā śubham |
tatsarvaṇ pūrṇamevāstu prīto bhava janārdana ||

upacārapadeśena kṛtānaraharmayā |
apacārānimān sarvān kṣamasva puruṣottama ||

Prostrate before the Lord. Then *śālagrāma* (or idols used for the *bhagavadārādhanaḥ*) should be replaced in their original box(es). This is usually done with closed eyes.

35. The last stage in the *bhagavadārādhanam* is the *sātvika tyāgam*. This is done by reciting

*bhāgavāneva svaniyāmya svarūpasthiti pravṛtti svaśeṣatai-
ka rasena anena ātmanā kartrā svakīyaśca upakaraṇaiḥ svā-
rādhanaiḥ prajayā paramapuruṣaḥ sarvaśeṣī śriyaḥpatiḥ
svaśeṣa bhūtamidam bhagavat iḥyārādhanākhyam karma sva-
smāi svaprītaye svayameva kārītavān |*

Offer all the fruits of this *bhagavadārādhanam* to the Lord by reciting

sarvam śrīkṛṣṇārpaṇamastu

The left over water in vessels 2 through 6 should be poured into *pratigraha pātram* (vessel no. 7). The performer must first accept the *tīrtham* (water) from *pratigraha pā-
tram* (vessel no. 7) and then offer it to other members in the family.

36. If time permits, you could recite *śrī deśika maṅgalam* while offering the *tīrtham* to others.

*śrīmālakṣmaṇa yogīndra siddhānta vijayadhvajam |
viśvāmitra kulodbhūtam varadāryamaham bhaje ||*

*sarvatantra svatantrāya siṃhāya kavivādinām |
vedāntācārya varyāya veṅkaṭeśāya maṅgalam ||*

*nabhasyamāsi śroṇāyām avatīrṇāya sūraye |
viśvāmitrānvayāyāstu veṅkaṭeśāya maṅgalam ||*

*pitā yasyānantasūriḥ puṇḍarikākṣa yajvanaḥ |
pautro yastanayastotārambāyāstasya maṅgalam ||*

veṅkaṭeśāvatāro'yaṃ tadghaṇṭāṃśo'thavā bhavet |
yatīndrāṃśo'thavetyevaṃ vitarkyāyāstu maṅgaḷam ||

śrībhāṣyakāraḥ panthānam ātmanā darśitaṃ punaḥ |
uddhartumāgato nūnam ityuktāyāstu maṅgaḷam ||

yo bālye varadāryasya prācāryasya parāṃ dayāṃ |
avāpya vṛddhiṃ gamitaḥ tasmai योग्याया maṅgaḷam ||

rāmānujāryādātreyāt mātulāt sakalāḥ kalāḥ |
avāpa viṃśatyabde yaḥ tasmai prājñāya maṅgaḷam ||

śrutaprakāśikā bhūmau yenādau parirakṣitā |
pravartitā ca pātreṣu tasmai śreṣṭhāya maṅgaḷam ||

sāṃskṛtibhirdrāmiḍībhiḥ bahvībhiḥ kṛtibhirjanān |
yassamujjīvayāmāsa tasmai sevyāya maṅgaḷam ||

yaḥ khyāti lābha pūjāsu vimukho vaiṣṇave jane |
krayaṇīya daśāṃ prāptaḥ tasmai bhavyāya maṅgaḷam ||

yasmādeva mayā sarvaṃ śāstramagrāhi nānyataḥ |
tasmai veṅkaṭanāthāya mama nāthāya maṅgaḷam ||

pitre brahmopadeṣṭre me gurave daivatāya ca |
prāpyāya prāpakāyāstu veṅkaṭeśāya maṅgaḷam ||

yaḥ kṛtaṃ varadāryeṇa vedāntācārya maṅgaḷam |
āśāste'nudinaṃ so'pi bhaven maṅgaḷa bhājanam ||

bhādrapadamāsagata viṣṇuvimalarkṣe
veṅkaṭamahīdhrapati tīrthadinabhūte |

prādurabhavajjagati daitya ripughaṇṭā
hanta kavitārkika mṛgendra gurumūrtyā ||

saśaṅkhacakralānchanah sadūrdhvapuṇḍramanḍitah
sakaṇṭhalagnasattulasyanargha padmamālikah |
sitāntarīya sūttarīya yajñasūtra śobhitah
mamāvirstu mānase guruḥ sa veṅkaṭeśvaraḥ ||

ananta sūri sūnave'bhinandyamāna vaibhavād
diganta vādihaṃsa jaitrakālamegha deśikāt |
upātta sarvaśāsanāya hanta varṣa viṃśatau
punaḥpunarnamaskriyā'stu veṅkaṭeśa sūraye ||

kavitārkika kalabhavraja kabalīkṛtisiṃham
kamalāpati karuṇārasa parivardhita bodham |
yatināyaka padapaṅkaja yugalī paratantram
bhaja mānasa budhaveṅkaṭapatideśikamaniśam ||

kalaye satatam karuṇā jaladhim
karuṇā viṣayam kamalādhipateḥ |
kali vairi śaṭhāri vaco rasikam
kavitārkika kesari sūri gurum ||

gurau vādihaṃsāmbudācāryaśiṣye
janā bhaktihīnā yatīndrāpriyāḥ syuḥ |
yatīndrāpriyā viṣṇu kārūṇyadūrāḥ
kuto muktivārtā hi tādr̥gvidhānām ||

vede sañjāta khede munijana
vacane prāptanityāvamāne
saṃkīrṇe sarvavarṇe sati tadanu-

guṇe niṣpramāṇe purāṇe |
māyāvāde samode kalikaluṣa
vaśācchūnyavāde'vivāde
dharmatrāṇāya yo'bhūt sa jayati
bhagavān viṣṇu ghaṇṭāvatārah ||

kavitārkikasimhāya kalyāṇaguṇaśāline |
śrīmate veṅkaṭeśāya vedāntagurave namaḥ ||

vādidvipaśirobhaṅgapañcānanaparākramah |
śrīmān veṅkaṭanāthāryah ciraṃ vijayatāṃ bhuvī ||

Procedure for performing
śoṣaṇam-dāhanam-plāvanam
or
śoṣaṇam-dāhanam-plāvanam-surabhimudrā-astromantram
to the item under consideration

Either imagine the word *yaṁ* written on your right palm or scribe the word *yaṁ*, in the script you are comfortable with, on your right palm with your left index figure, as shown in Figure 5.



Figure 5: Scribing *yaṁ* on your right palm with the left index finger.

Show the right palm to the item under consideration (IUC) and recite

yaṁ vāyave namaḥ śoṣayāmi |

Now, again imagine the word *raṁ* written on your right palm with the left index finger. Show the right palm to the IUC and recite

raṁ agnaye namaḥ dāhayāmi |

Now imagine the word *vaṁ* written on your left palm or scribe the word *vaṁ*, on your left palm with your right index figure, as shown in with your right index finger, as shown in Figure 6.

Show the left palm to the IUC and recite

vaṁ amṛtāya namaḥ plāvayāmi |



Figure 6: Scribing *vam* on your left palm with the right index finger.

Develop the *surabhi mudrā* on your hands as shown in Figure 7. This is done by touching your left little and right ring fingers, left ring and right little fingers, left index and right middle fingers, and left middle and right index fingers.



Figure 7: Configuring *surabhi mudrā* with the right hand.

Show this posture to the IUC and recite

om suṃ surabhimudrāyai namaḥ |

Now snap with your hand over the IUC, as shown in Figure 8 while moving your hand in a clockwise circular fashion and recite

vīryāya astrāya phaṭ |

The procedure of doing *śoṣaṇam*, *dāhanaṃ* and *plāvanaṃ* to the IUC will be referred to as *śoṣaṇam-dāhanaṃ-plāvanaṃ* to that IUC, for brevity. Similarly the procedure of doing *śoṣaṇam*, *dāhanaṃ* and *plāvanaṃ* to the IUC, showing the *surabhi mudrā* to the IUC



Figure 8: Snapping above the vessel.

and performing the *astramantram* over the IUC will be referred to as *śoṣaṇam-dāhanam-plāvanam-surabhimudrā-astramantram* to that IUC, for brevity.

Procedure for offering

arghyaṃ-pādyaṃ-ācamanīyaṃ-plotavastraṃ

to the Lord

Hold a spoonful of water from the *arghya pātraṃ* (vessel no. 2) in your right hand while ringing the bell with your left hand and offer it to the Lord while reciting

oṃ namo nārāyaṇāya arghyaṃ samarpayāmi |

Visualize His having accepted your offering in His right hand and pour this water into the *pratigraha pātraṃ* (vessel no. 7). Hold a spoonful of water from the *pādya pātraṃ* (vessel no. 3) in your right hand while ringing the bell with your left hand and offer it to the Lord's feet while reciting

oṃ namo nārāyaṇāya pādyaṃ samarpayāmi |

and pour this water into the *pratigraha pātraṃ* (vessel no. 7). This must be done twice. Now, hold a spoonful of water from the *ācamanīya pātraṃ* (vessel no. 4) in your right hand while ringing the bell with your left hand and offer it to the Lord's right hand while reciting

oṃ namo nārāyaṇāya ācamanīyaṃ samarpayāmi |

and pour this water into the *pratigraha pātraṃ* (vessel no. 7). This must be done three times. Show *plotavastraṃ* (a piece of sanctified cloth used exclusively for the Lord or sālagrāma) to the Lord and recite

oṃ namo nārāyaṇāya plotavastraṃ samarpayāmi |

This combination of offering of water from the *arghya pātraṃ* (vessel no. 2) once, from the *pādya pātraṃ* (vessel no. 3) twice and from *ācamanīya pātraṃ* (vessel no. 4) three times followed by showing *plotavastraṃ* will be referred to as the process of offering *arghyaṃ-pādyaṃ-ācamanīyaṃ-plotavastraṃ* to the Lord, for brevity.

Taniyans of some ācāryas of

śrīraṅgaṃ śrīmadāṅḍavan āśramam

śrīvedānta rāmānuja mahādeśikan

śrīmadvedānta rāmānuja muni

karuṇālabdha vedānta yugmam

śrīmad śrīvāsayogīśvara

gurupadayorarpita svātma bhāram |

śrīmad śrīraṅganāthāhvaya

munikṛpayā prāpta mokṣāśramam taṃ

śrīmad vedānta rāmānuja muni-

maparam saṃśraye deśikendram ||

śrīśrīnivāsa rāmānuja mahādeśikan

śrīmat śrīvāsayogīśvara

munikaruṇālabdha vedāntayugmam

śrīmat vedāntarāmānuja

gurupadayorarpitasvātmabhāram |

śrīmat śrutyanta rāmānuja

yatinṛpateḥ prāpta mokṣāśramam taṃ

śrīmat śrīvāsarāmānujamunim

saṃśraye jñānavārdhim ||

śrīraṅgarāmānuja mahādeśikan

vedānta lakṣmaṇa munīndra kṛpāta bodham

tatpāda yugmasarasīruha bhṛṅgarājam |

trayyanta yugma kṛtabhūri pariśramam taṃ

śrīraṅga lakṣmaṇamunim śaraṇam prapadye ||

Taniyans of some ācāryas of

ahobila maṭham

śrīvīrarāghava śaṭhakopa yatīndra mahādeśikan

śrīmat śrīraṅgapṛthvīśvara-

śaṭharipuṇā saṃyamīndreṇa dr̥ṣṭam
nyastātmānam nṛsimhe narahari-

śaṭhajityoginetuḥ prasādāt\
prājñāśrīraṅgakāriprabhava-

yatipateḥ prāptalakṣmīnṛsimhā-
sthānam seve yatīndram sakalaguṇa-
nidhiṃ vīraraghvīṭ chathārim ||

śrīvedānta deśika yatīndra mahādeśikan

śrīraṅganāthaśaṭhakopayatīndradr̥ṣṭam

lakṣmīnṛsimhaśaṭhajitkaruṇaikapātram\
śrīraṅgavīraraghurāṭśaṭhakopahṛdyaṃ
vedāntadeśikayatīndramahaṃ prapadye ||

śrīnārāyaṇa yatīndra mahādeśikan

śrīmadraṅgaśaṭhāri saṃyamivarāllabhāgamāntadvayam

śrīmadvīraraghudvahādyaśaṭhajitpādāravindāśrayam\
śrīmadvedavataṃsadeśikayateḥ kāruṇyavīkṣāspadam
seve raṅgadhurīṇaśāsanavaśam nārāyaṇam yoginam ||

Taniyans of some ācāryas of

agnihotram tātadeśikan saṃpradāyam

*śrīśailārya samudbhutam vātsalyādi guṇārṇavam |
sundarārya vande vedāntadvayadeśikam ||*

*śrīśailāryatanūbhavasya tanayam śrīvedacūḍāguroḥ
śrīmatsundaratātadeśikapada dvandvāśrayam nirmalam |
śāntikṣānti guṇākaram munivarādvēdāntarāmānujāt
saṃprāptatrirahasyasārahṛdayam śrīveṅkaṭeśam bhaje ||*

*śrīvāsātātamahivarya kṛpāta mantram
tāte agnihotra niratātmani tātayārye |
nyastātmabhāram amalam paripūrṇa bodham
rāmānujārya guruvaryamaham prapadye ||*

Taniyans of some ācāryas of

paunḍarikapuram aṅḍavan āśramam

śrīmad śrīnivāsa mahādeśikan

*śrīnārāyaṇa yogīndra varadārya kṛpāśrayam |
raṅgeśapāda vinataṃ śrīnivāsa munim bhaje ||*

śrīmad śrīraṅganātha mahādeśikan

*ādyaśrīnidhiyogi labdhamanurāṭ śrīvāsarāmānujāt
saṃprāptāṅkanamantra-jātama para śrīvāsayogīśvarāt |
prāptyāntāśrama vedamauliyugalaṃ tenārpitaṃ śrīpatau
jñānābdhim suguṇākaram munivaram śrīraṅganātham
bhaje ||*

śrīmad śrīnivāsa mahādeśikan

*nārāyaṇākhyā yatirāja padābjabhṛṅga
śrīvāsayogi guruṇārpita bhāramīśe |
bhaktyādi pūrṇa varadārya kṛpāttacihnam
śrī śrīnivāsa munivaryamahaṃ prapadye ||*

śrīmad gopāladeśika mahādeśikan

*śrīvāsa raṅga parakāla munitrayāpta
lakṣmātma rakṣaṇa yatitva yugāgamāntam |
ācārya bhakti paripūtaṃ anargha śīlam
gopāladeśika munim gurum āśrayāmah ||*

Taniyans of some ācāryas of

parakāla maṭham

śrīmadabhinava raṅganātha brahmatantra parakāla mahādeśikan

śrīkr̥ṣṇabrahmatantrottama

guruṇāvāpta cakrāṅkabhāṣyam

vairāgyācāravārdho varadapadmuke

lakṣmaṇe nyastabhāram\

śrīvāgīśāttaturyaṃ śaṭharipu-

yatirāḍveda cūḍāryamūrtim

nūtnam śrīraṅganāthaṃ kaliripu-

managhaṃ brahmatantraṃ śrayāmaḥ ||

śrīturagavadana pādūsantataparicaraṇamātra paramārthaḥ\

jayatu śrīmānabhinava raṅgendrabrahmatantra parakālah ||

śrīmadabhinava śrīnivāsa brahmatantra parakāla mahādeśikan

śrīkr̥ṣṇa brahmatantrābhīdhakalimatha-

nāllabdha-cakrāṅka bhāṣyam

navya śrīraṅganāthe kalimathanagurā-

varpitātmyabhāram\

taddīkṣālabdhaturyaṃ hayavadana

padatrāṇasevādhurīṇam

dhyāyeyaṃ brahmatantraṃ kalimathana-

guruṃ śrīnivāsaṃ navīnam ||

śrīmāllakṣmī hayagrīva pādūkā divya sevako vaśī\

jīyānnavya śrīnivāsa parakāla gurūttamaḥ ||

śrīmadabhinava rāmānuja brahmatantra parakāla mahādeśikan
nūtna śrīraṅganāthāgrimapada-
kalijillabdha-cakrāṅkana
śrī trayyantadvandva tatvaṃ tadanagha-
caraṇanyastabhāraṃ yatīndrāt |
pratyagra śrīnivāsāt samadhigata-
turīyāśramaṃ saṃśrayāmaḥ
navyaṃ rāmānujākhyāṃ kalimathana-
gurum brahmatantra svatantram ||
lakṣmīhayāsya pādūvarivasyai kāntamānasassatatam |
jayatu śrīmadabhinava rāmānuja yogīndra parakālah ||

śrīmadabhinava vāgīśa brahmatantra parakāla mahādeśikan
śrīmannūtana raṅganātha
yatirāḍḍāptātma vidyālayaṃ
śrīmannūtana lakṣmaṇārya yatirāt
saṃprāpta turyāśramam |
śrīvāsendra kaṭākṣa santata-
sudhālakṣyātma yogāñcitaṃ
śrīmannūtana vāgadhīśayaminaṃ
bhaktyāśrayāmo gurum ||
navya vāgīśayogīndraṃ hayāsya padasevinam |
brahmatantra svatantrāryaṃ bhajāmassvātmasampadam ||